

LEARNING TOOLKIT - < Busy Fingers >

Fine Motor Skills



One of the most important ways we can help our children while playing with them at home or in a childcare/ classroom setting is through setting up simple activities that help to develop fine motor skills. Young children need to be able to hold and use scissors and pencils appropriately before using them in a classroom context. We cannot expect them to be able to write if they haven't yet developed the strength needed in their hands and fingers.

There are plenty of easy ways to strengthen these muscles, practise co-ordination and develop hand: eye co-ordination using simple, everyday materials and a bit of creative fun! Below is a list of some of the activities you could try at home. There are also some useful websites that you could have a look through to get some more ideas and inspiration. There are a million variations you could make from each of these to cater for your own child's particular interests and learning dispositions.

Websites

<https://www.education.com/activity/fine-motor-skills/>

<http://theimaginationtree.com/2013/09/40-fine-motor-skills-activities-for-kids.html>

<https://uk.pinterest.com/pediastaff/fine-motor-activities-exercises/>

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Aspiration, Effort, Belief,
Love of Learning



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Threading Activity for Kids: Threading Activity for Kids: When setting up this threading activity for kids, my goal was to make it bright and inviting using different materials.



Balancing Marbles with Lego Duplo: Balancing Marbles on LEGO DUPLO helps children develop fundamental skills such as fine motor control, hand & eye coordination, patience and concentration.

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Fine Motor Fun Feeding the Birds: Fine motor skills are the foundation children need before they are able to learn handwriting, in order to have proper pencil grasp and control of writing



implements.