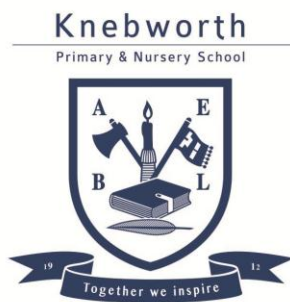


LEARNING TOOLKIT - < Growth Mindset>

Growth Mindset



Growth and Fixed Mindset

At Knebworth school we have a growth mindset culture. We believe in teaching children to have a positive approach to their learning and well-being. We teach children, through the use of characters, to always try their best and to enjoy challenges. This is called growth mindset. Fixed mindset is when children do not yet have the confidence to try new things or they worry about not being able to do something. They might say things like “I can’t do it.”

Nursery

We have a Brown Mouse puppet and a White Mouse puppet in Nursery. White mouse is always worried and thinks he is no good at anything whereas Brown mouse is much more positive and always willing to give things a go even if they are a bit tricky. We will use these puppets to encourage a growth mindset. Throughout the year we tell stories about the mice and encourage the children to ‘be like Brown Mouse and have a go’ (eg putting their coat on by themselves).

Reception

We have Olaf the snowman as our growth mindset character and Gru from Despicable me as our fixed mindset character. We refer to these characters throughout the year to teach children about this concept. We also split the class into two groups and give them a key worker. Each day we sit in our key worker groups, that we call Olaf Time. We learn about how to have a growth mindset, as well as cover many PSHE topics.

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Aspiration, Effort, Belief,
Love of Learning

